

# **Eckart Klobe**

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## **The Eckart Klobe Vacuum Bell for Non-Invasive Lifting of Funnel Chest**

### **Typical results and time responses**

#### **Within a time from 2 to 4 weeks:**

When applying the Eckart Klobe Vacuum Bell, the funnel chest gets forced up to a degree that it comes close to the viewing glass of the Vacuum Bell. In cases of young patients or mild funnel chest sometimes already within 2 weeks. In cases of older patients or more severe funnel chest sometimes within 4 weeks or later. It does not make much sense to accelerate this step by applying stronger vacuum or by extending treatment times. Too fast lifting might temporarily cause unnecessary losses of firmness in the rib cage.

#### **After 2 months:**

After the end of a treatment unit most teenagers and adults experience the funnel to stay in a lifted position for hours before it partly falls back to its sunken position.

After the end of a treatment unit most children experience the funnel to stay in a lifted position for minutes, before it partly falls back to its sunken position.

#### **Within 3 months:**

Body posture and appearance may be improved significantly. In the meantime between one treatment unit and the next treatment unit at the next day the funnel may stay significantly flatter than at the beginning of the therapy. In many cases this progress was reported to be about 0.39" (1 centimetre).

#### **For times after 4 months, the patient needs to have much endurance :**

There is still further progress, but now it seems to take much longer. In the meantime, however, most patients have managed to integrate the Eckart Klobe Vacuum Bell into their daily lives. So they tend not to feel it as a burden. Many patients at those stages reported a progress of about 0.039" (1 millimetre) per month.

#### **Most common side effect (if any occur):**

Thick, soft, flabby skin under Vacuum Bell (probably accumulation of tissue liquid), mostly caused by too extended treatment times during first application weeks. Individual upper limits of treatment times may range from 20 minutes up to some hours per day and therefore must be individually figured out very carefully.